

PROFILE OF L RAMANAMMA

General Information

- a) Name : L RAMANAMMA
- b) Address (Residential) : 11-4, Gatchapuvedhi, Narsipatnam
Anakapalli (DiSt), 531116
- c) Designation : **Lecturer in Physical Education**
- d) Department : Department of Physical Education
Govt. Degree College for Women,
Marripalem, Koyyuru (Mandal), ASR(Dist)
- e) Date of Birth : 09-02-1990
- f) Area of Specialization : Cabaddi

Academic Qualifications

Exam Passed	Board/	Subjects	Year	Division/Grade
High School	SSC Board of Sec Edn, A.P	Telugu English Hindi Maths Social Science	June, 2005	Scond
Higher Secondary or Pre-degree Intermediate	Board of Intermediate Edn, A.P	Pol, Eco, History	QApril, 2010	Second
Bachelor's Degree B.A	Andhra University	Politicics ECONOMICS, History	June, 2014	Second
B.P.ED	Andhra University	Physical Education	June, 2015	DISTINCTION
M.P.ED	Andhra University	Physical Education	April 2018	DISTINCTION

Teaching Experience

Courses Taught	Name of the University/ College /Institution	Duration
P E T	SRIPRAKASH HIGH SCHOOL,Payakaraopete, ANAKAPALLI(DIST)	2015 to 2016
P D	Gonna Collge for Physical Education, Lankalapalem,Anakapalli(dist)	2018 to 2020 Jun
P E T	Blayogi Gurukulam,	2021 to 2022 March
P D	Government Degree College, Marrisalem, Koyyuru(Mandal), ASR(DIST)	2022 ,March to till date

Total Teaching Experience: 8yrs

Areas of Interest

1. Sports Coaching and Training
2. Yoga and Wellness
3. Health Education
4. Physical Fitness Assessment
5. Event organization and Managmnt

Innovations/Contributions in Teaching

1. Conventional Lecture method is followed
- 2 Project works, Seminars, Quiz.
- 3 ICT method of teaching is followed by using powerpoints internet to facilitate learning experience in games and sports
- 4 Virtual dissections are shown to the students though youtube vide

Achievements:

1. Organised annual College Sports successfully for 4 consecutive yars
2. Organised College Sports successfully on the occasion of August-15th for 4 consecutive years
3. Trained studnts who won medals at University/District level competitions

Contact information**Email: lokavarapuramanamma.pd@gmail.com****Phone: 9502774745**